

B43. When changes are made in my

organisation

organisation they are usually for the better

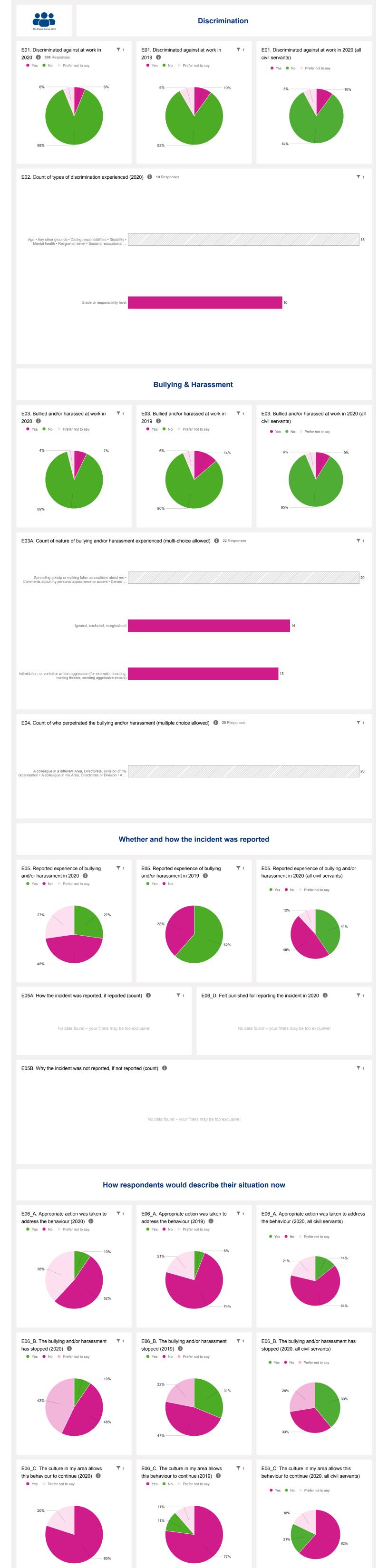
B42. I feel that change is managed well in my

45%

+13 ^

-15 Y

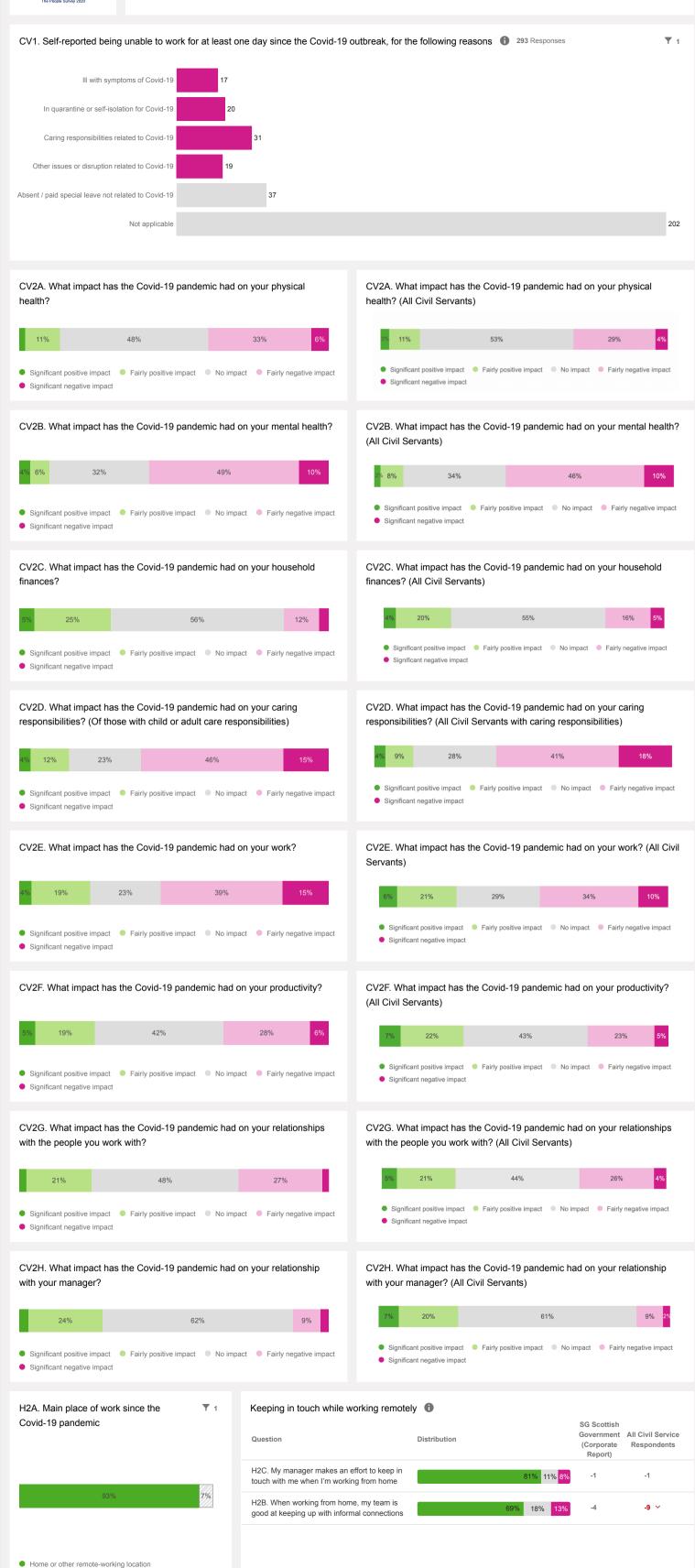
-17 ×





O 1. Office building or equivalent (for ex..

## The Coronavirus Pandemic

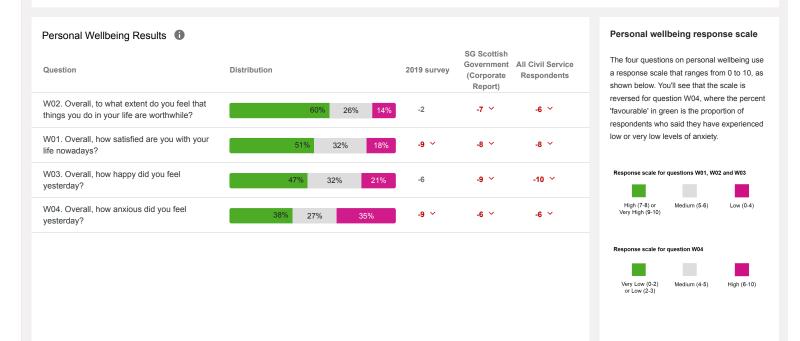




# **Personal Wellbeing**

### How we measure personal wellbeing

We measure personal wellbeing using four questions that ask people to evaluate how satisfied they are with their life, whether they feel they have meaning and purpose in their life, and their emotions during a particular period. These questions are used by the Office for National Statistics (ONS) to monitor wellbeing across the UK, as part of their Measuring National Well-being Programme. One of the main benefits of collecting information in this way, is that it is based on people's views of their own individual well-being and takes account of what matters to people by allowing them to decide what is important when they respond to questions.



# **Mental Health & Physical Health**



# **Factors influencing wellbeing**

# Stressful work environments

We use something called the Proxy Stress Index to measure conditions that can contribute to stressful environments. It is based on the following Health and Safety Executive stress management standards and People Survey insights

- Demands 'I have an acceptable workload' (B33)
- Control over work 'I have a choice in deciding how I do my work' (B05)
- Support 'My manager motivates me to be more effective in my job' (B08) & 'I am treated with respect by the people I work with' (B26) • Relationships – 'The people in my team can be relied upon to help when things get difficult in my job' (B18) & 'During the past 12 months have you experienced bullying or
- harassment at work?' (E03)
- Role in organisation 'I have clear work objectives' (B30)
- Change -'I have the opportunity to contribute my views before decisions are made that affect me' (B45)

A score of 100% tells you that respondents gave the most negative response possible to all eight questions, suggesting they are operating in a highly stressful environment. A score of 0% tells you the opposite.

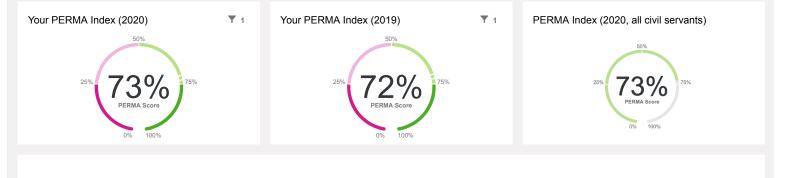


# Flourishing work environments

We use the PERMA Index to measure the extent to which employees are flourishing 'at work'. It is based on the work of psychologist Martin Seligman and looks at the following five dimensions of wellbeing and happiness, and People Survey insights:

- Positive emotion 'Overall, how satisfied are you with your life nowadays?' (W01) • Meaning - 'Overall, to what extent do you feel the things you do in your life are worthwhile?' (W02)
- Engagement 'I am interested in my work' (B01)
- Relationships 'The people in my team can be relied upon to help when things get difficult in my job' (B18)
- · Accomplishment 'My work gives me a sense of personal accomplishment (B03)'

A score of 100% tells you that respondents gave the most positive response possible to all five questions, whereas a score of 0% tells you the opposite.



### **Team Support** As an additional measure of flourishing workplace environments, we also asked respondents whether they feel their colleagues genuinely care about their wellbeing.





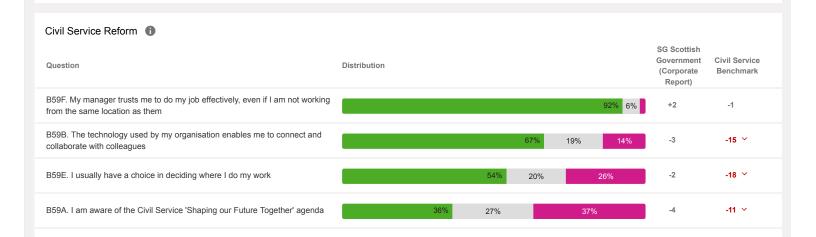
# Long-term illnesses and conditions

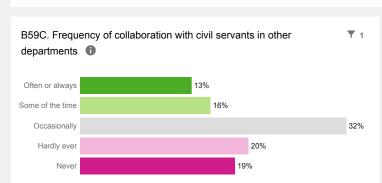


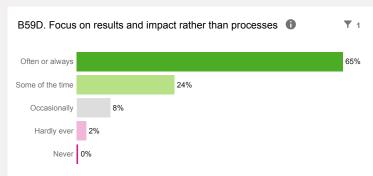


### **Reform & Modernisation**



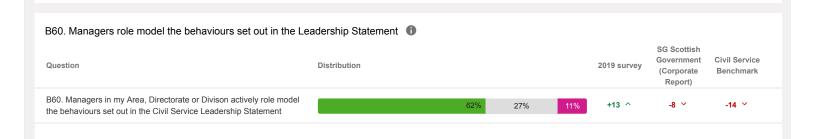






# **Organisational Culture & Leadership**





## **The Civil Service Code**





### **Taking Action**

#### Did you know?...

Research suggests that teams are more likely to be engaged if time has been taken to study and understand their results, to build staff-led action plans.

It can also have an impact on how likely they are to participate in future insight gathering - people are less likely to contribute if their views are perceived to have been ignored in the past.



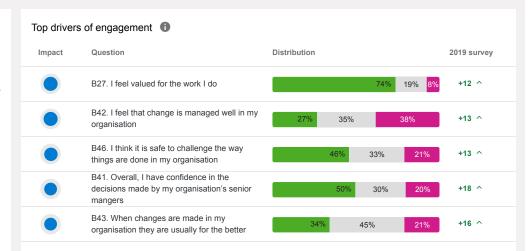
#### **Focus Areas**

While the Engagement Index tells you how engaged your employees are, it does not tell you how to improve or maintain engagement. This is where key driver analysis comes in, as this pinpoints the factors that have the strongest association with your engagement levels.

The table to the right displays the five question results that have the strongest association with the engagement index for the team or group of staff you are looking at, and ranks these in order of importance.

The order of importance is determined by by something called an 'r' value, or Pearson Correlation Coefficient. If you hover over the blue dot in your key drivers table, you will see the r-value. The r-value can sit anywhere between -1 and 1. A positive r-value suggests that your engagement levels appear to increase as the % favourable score for a question increases; a negative r-value suggests the opposite.

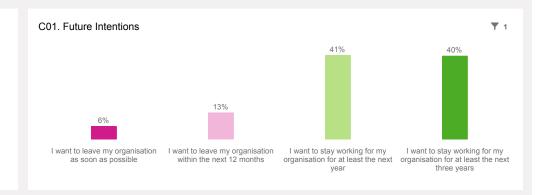
In the table, you'll also be able to see if these are areas that have improved or worsened over the past 12 months, where trend data is available.



View items (39) with too few responses

#### **Future Intentions**

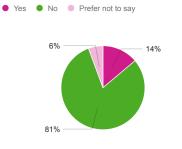
On this page, we've also provided insights into your employees' plans to remain within or leave your organisation in the near future.



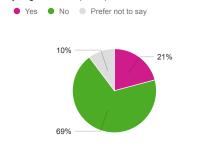


# **Local questions: Safe to Challenge**

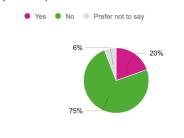
LQB1. In the last 12 months, I have seen ▼ 1 someone else being bullied or treated unfairly in my organisation (2020)

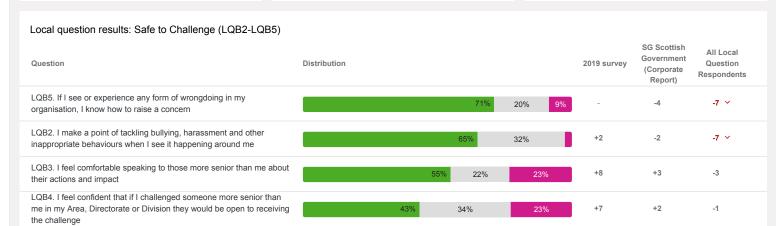


LQB1. In the last 12 months, I have seen ▼ 1 someone else being bullied or treated unfairly in my organisation (2019)



LQB1. In the last 12 months, I have seen someone else being bullied or treated unfairly in my organisation (2020, all local question respondents)



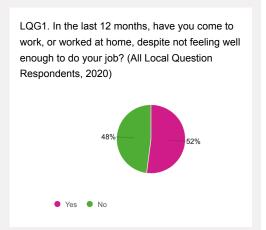


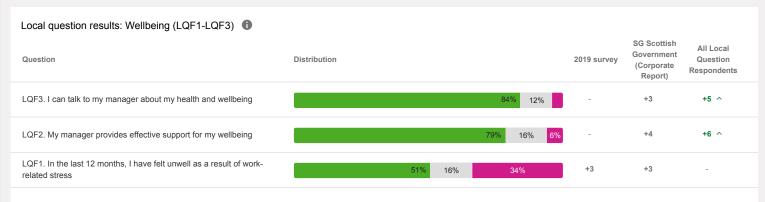


# Local questions: Wellbeing



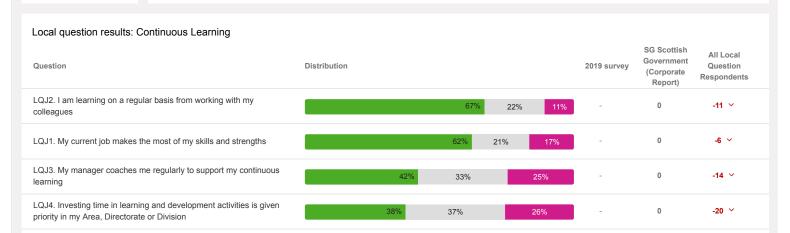








# **Local questions: Continuous Learning**





## **Further Reading & Resources**

The survey is just the starting point, now the real work begins. It is important to recognise that improving staff engagement requires a two way commitment between managers and staff. It is everyone's responsibility to use the results of the survey to take action. This section of the dashboard contains practical tips for both managers and staff and links to further resources. It will be updated throughout the year.

#### Employee engagement

Engage for Success, the cross sector body promoting employee engagement, launched the Engaging Managers' Zone in October 2020:

#### https://engageforsuccess.org/engaging-managers-zone

It's their latest free practical resource to help boost employee engagement and productivity.

The Zone is not just another toolkit, it's a 'one-stop knowledge hub' designed to help build confidence in those who are new to employee engagement so that individuals can grow and learn how best to support their team and colleagues, one step at a time.

It will also be of interest to experienced managers too and signposts readers to other information / websites / articles to help develop individuals. The Zone has seven parts designed to be dipped into at any point, depending on the reader's knowledge, experience and confidence.

#### Wellbeing

Health and wellbeing can have a significant effect on our lives, careers, families, colleagues and friends.

- Make wellbeing a regular topic of discussion at team meetings. Identify and address issues and regularly publicise your Occupational Health Scheme / Employee Assistance Programme etc.
- Challenge negative behaviours have zero tolerance for bullying and harassment.
   All staff should role model good behaviours, being mindful of their own wellbeing and work-life balance.
- Line managers should be having regular conversations about wellbeing these should particularly cover workplace adjustments. Managers can use the 5 step wellbeing conversation tool and all the other tools and support on Civil Service Learning or the Learning Platform for Government (type 'Wellbeing' into the search field) to guide their discussions.

#### **Working Remotely**

- Successful virtual collaboration requires more than a video conference call, and it is important that organisations continue to create the opportunity and space for truly collaborative conversations to occur. Click here for some important elements to keep in mind in developing a virtual session.
- If you spend a lot of time in virtual meetings you may need to look after your voice. This NHS webpage gives great advice including why you shouldn't clear your throat or whisper.
- Maintaining productivity levels among remote employees is an enduring challenge. <u>PricewaterhouseCoopers</u> suggest five ways to help people and organisations thrive in the new world of work
- Are you having fun with your remote co-workers? There is an abundance of easy social interactions that can help your colleagues feel more together while being apart. Check out this Forbes article.
- BPDTS Ltd, part of the DWP family, is a technology company which has been set up to provide specialist services to the department to help it deliver exceptional service to customers. Click here to read about some of the ways BPDTS colleagues are converting time they previously spent on trains and motorways into activities to support their wellbeing, family, health, and even the NHS.
- To build resilience during isolation master the art of time travel think ahead to the future and back to the past. Imagine going to bed in your office and waking up in that same office on the International Space Station. Astronaut, Scott Kelly outlines mastering his Groundhog Day.
- The Civil Service Job Share Finder site has a resource library containing a huge number of working from home / remote working resources.

### My Work

- Set an objective not how to get there and allow individuals the freedom to work in a
  way that suits them. Invite team members to contribute to the design of their jobs
  and challenge inefficient processes and propose new ways of working. Then trial
  these.
- Check that everyone has roles that match their skills and interests but also provide stretch and challenge. Highlight learning and development opportunities that are available to staff to help them get better at their roles and talk about L&D at team meetings.
- Encourage team members to update each other on their work in team meetings to achieve greater understanding of what each other is doing.
- Agree clear and well defined objectives and discuss these at regular 1:1s.

### Organisational Objectives & Purpose

- Ensure new members of staff have a local induction and an induction to the organisation if in their first role.
- Discuss in team and/or 1:1 meetings how individual roles and the team contributes to the organisation's objectives.
- Highlight important messages and activities on intranet/posters/newsletters to communicate the organisational vision.
- Team members should be encouraged to attend seminars, focus groups and briefings from senior leaders and to feedback to colleagues.
- Cascade minutes or feedback from senior management meetings to all team members.

### Resources and Workload

- Ensure any changes to job roles and responsibilities are clearly communicated and are included in the job description
- Carry out a skills audit in the team, communicate relevant learning and development opportunities and make the time available to develop. Hold a group discussion on work-life balance and brainstorm practical ideas / tips for managing demanding workloads e.g. time management skills, delegation skills.
- Staff and their managers should hold regular 1:1s to specifically assess workload.
- Involve the whole team in business planning is everyone undertaking the most appropriate work for their experience or career development?
- Support flexible working that suits the individual, the organisation and the team. Trial flexible working to see if it works.

### Inclusion and Fair Treatment

- Highlight flexible working opportunities or trial them if you haven't done so already.
- Recognise individual achievement appropriately e.g. a face-to-face thank you, a mention at a meeting or event, or nominations for awards. Also encourage peer recognition.
- Ensure that every team members' work is appreciated and that all viewpoints are valued. Be aware of diversity within the team and use inclusive language and practices and avoid stereotyping.
- Make sure those team members who are not permanent, full time members of staff are included in activities, training, development opportunities, reward schemes etc.
- Undertake equality and diversity training including learning about unconscious bias.

## My Manager

- Managers should proactively seek and value input from team members and involve them in decision making, problem solving and business planning.
- Empower individuals/groups by giving them responsibility for specific areas of work.
- Hold regular progress updates against objectives. Give positive feedback and only
- Treat every employee fairly and consistently, but recognise their individuality too.
   Be considerate of people's lives outside work.
- Recognise those that go beyond their job description. Remember that the little things, such as a personal thank you, mean a lot and are appreciated.
- Have a conversation following a period of sick absence to ensure that any reasonable adjustments needed are known and then acted upon. These might be as simple as a phased return to full time work.

## My Team

- Have regular two-way team meetings and hold them when and where everyone
  can attend (virtually if necessary). Champion the work of the team and celebrate
  team successes.
- No idea is too small to make our experience of work better. Brainstorm ideas that involve no extra time or resource e.g. having access to each other's diaries etc. Provide job shadowing opportunities within the team so as to gain a greater appreciation of colleagues' work.
- Invite people to share any work coming up where they anticipate any difficulties, such as clashing priorities, difficult timescales, tight resources. Ask what they need to help overcome the difficulties and encourage the rest of the team to feedback suggestions and any support they can offer.
- Use training events including post people survey action planning as an opportunity
  for team building. Hold regular team social events. Try to vary the times and
  activities so everyone can be included e.g. lunchtime picnic, board games evening,
  a charity quiz, a 'bake off', sports event, pub trip, volunteering in the community etc.
  Many events can be held virtually. And remember, not everyone wants to 'give up'
  their lunch break to be social!

## Learning and Development

- Every member of staff should have a Civil Service Learning account and explore
  what is on offer for their profession. Free high quality learning is also available from
  e.g. <u>academicearth.org</u> <u>coursera.org</u> <u>futurelearn.com</u> <u>skillshare.com</u>
- Identify informal training opportunities e.g. from a member of the team that has
  expertise in a certain area; complete a skills audit with members of the team.
   Arrange coaching/mentoring for team members and job shadowing opportunities.
   Feedback about L&D undertaken at team meetings.
- Ensure employees understand their role in managing their own career help them draft a career plan and discuss progress against their personal development plan at regular 1:1s.

## Leadership and Managing Change

- Encourage enthusiasm about your organisation and be enthusiastic yourself.
   Champion and explain corporate initiatives clearly to staff.
- Senior leaders could spend time working with staff on the frontline, host meet the leaders breakfasts/lunches, attend staff network meetings or allow staff to hear the authentic voice of the leader via a blog.
- Involve staff in change programmes e.g. using focus groups and web forums.
- Inform staff of changes face to face if possible and always before they hear about them from the press.
- Deliver difficult messages sensitively acknowledge and show you care about the impact on the individual, give staff the information they need, tell the truth, explain how the organisation is helping them and give business reasons.

# Pay and Benefits

- Emphasise the total benefits package (pay, pension, leave, flexible working, childcare benefits, season ticket loan etc) and how it compares to other local employers. Highlight where relevant documentation can be found so staff know how to claim all the available benefits e.g. eye tests.
- If local discretion is possible through vouchers or similar rewards then make staff aware that these exist, how they are allocated and publicise when they are used. And use them.