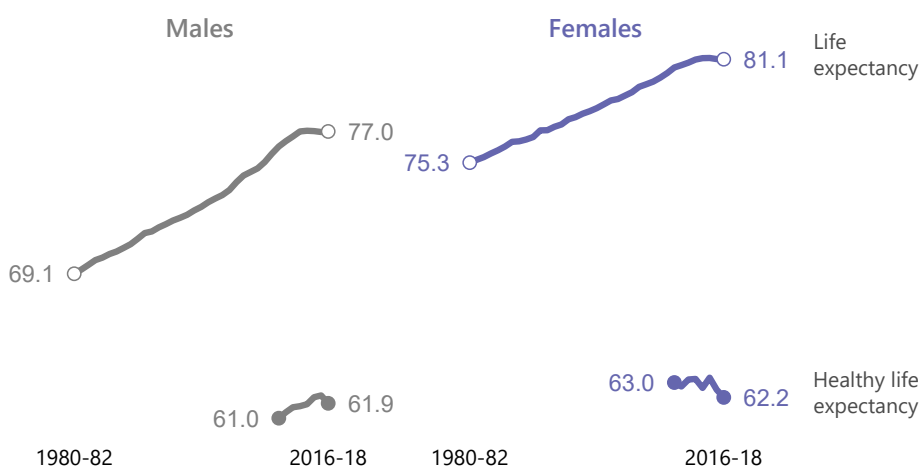


## Life expectancy has grown since the 1980s but stalled recently

Since the early 1980s life expectancy has grown and the gap between females and males has narrowed. But since 2012-14\* that growth has stalled.

\* We use a rolling 3 year average to smooth out unusual years.

Life expectancy and healthy life expectancy



## A low life expectancy predicts an even lower healthy life expectancy

People in areas with low life expectancy will likely spend fewer years of their life in good health. They are also likely to live a smaller percent of that shorter life in good health.

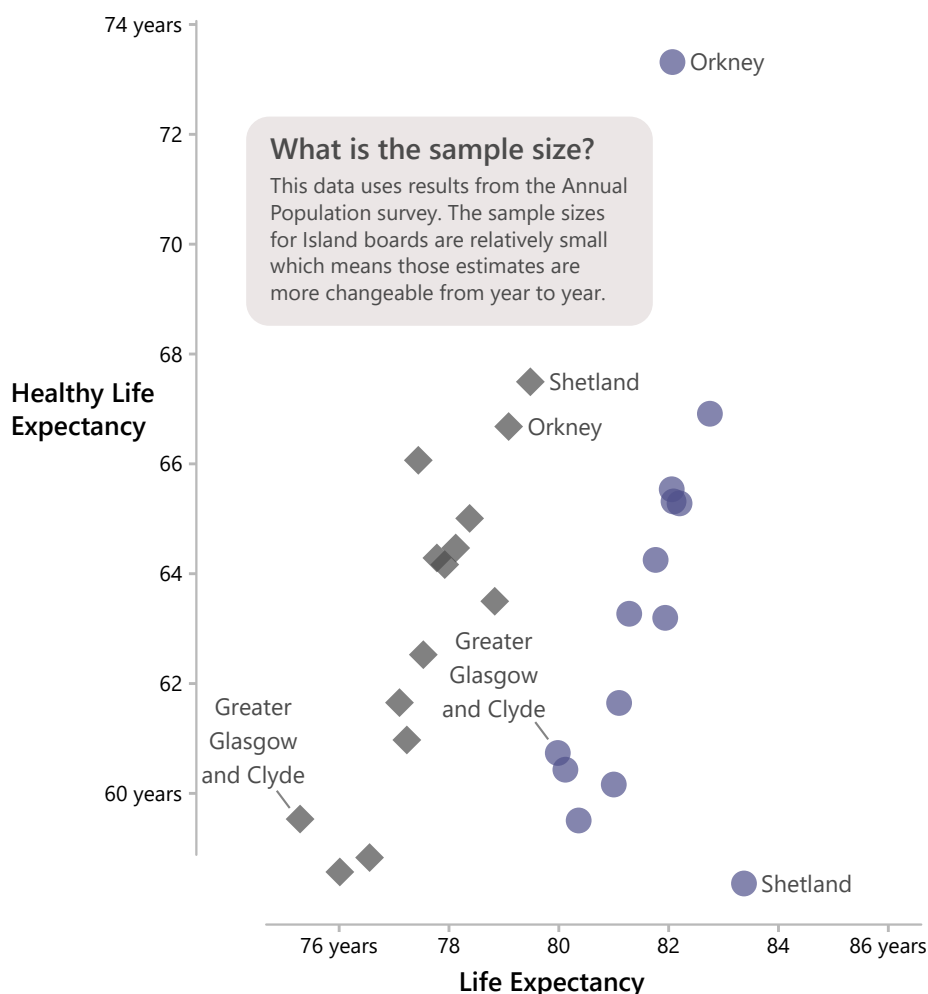
Across the health boards there is more variation in healthy life expectancy than life expectancy.

Females can expect to live longer than males. But the number of years they are expected to live in good health doesn't grow proportionately.

Females in Orkney can expect the most years in good health. But the small sample size means this could change quite a lot next year.

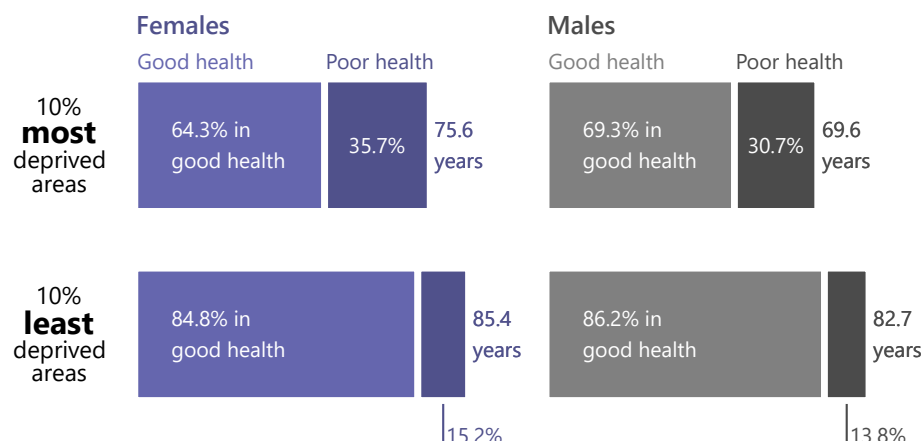
Healthy life expectancy and life expectancy

- ◆ **Baby boys** born between 2016 and 2018
- **Baby girls** born between 2016 and 2018



## Healthy life expectancy by deprivation

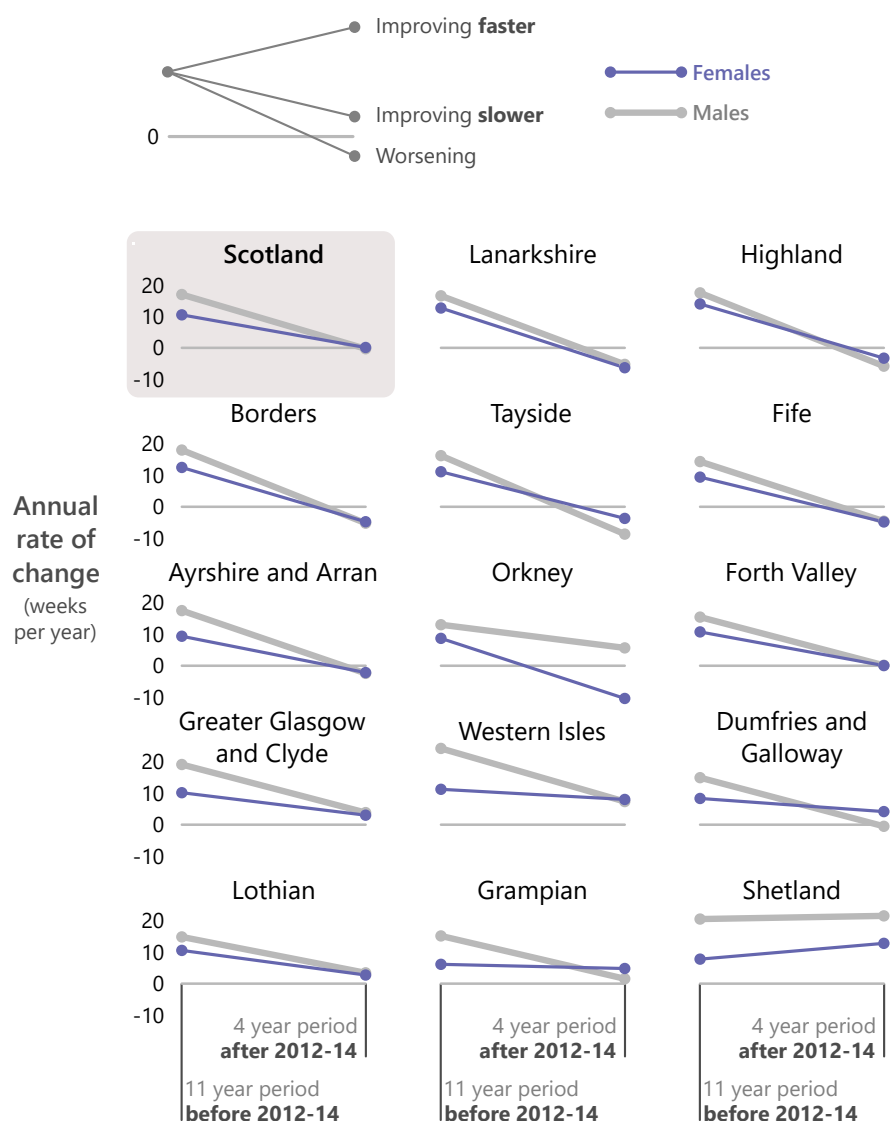
For those born between 2016 and 2018



## Deprivation impacts life expectancy and especially healthy life expectancy

There is a big gap in life expectancy between the most and least deprived areas. The gap is roughly 13 years for males and around 10 years for females. This gap is bigger for healthy life expectancy: around 24 years for females and 23 years for males.

## Annual rate of change in life expectancy by health board



## Almost all health boards saw a slow in life expectancy growth

Before 2012-14\* life expectancy for females was growing by about 11 weeks a year. This means a girl could expect to live about 11 weeks longer than a girl born the year before.

At the same time life expectancy for males was growing even faster: around 17 weeks per year.

After 2012-14 life expectancy stopped growing in Scotland.

In some health boards life expectancy has fallen. In others there is still growth, although it has slowed down in most areas.

\* We use a rolling 3 year average to smooth out unusual years.