

| Table 6 | | Projected population of Scotland (2003-based), by sex and age 2003-2028 | | | | | | | (^{'000s}) |
|-----------|---------|---|-------|-------|---------------------------------|-------|-------|-------|----------------------|
| Age | Sex | Estimated population 30 June 2003 | | | Projected population at 30 June | | | | |
| | | 2003 | 2006 | 2011 | 2016 | 2021 | 2026 | 2028 | |
| All ages | Persons | 5,057 | 5,068 | 5,034 | 5,000 | 4,963 | 4,907 | 4,878 | |
| | Males | 2,435 | 2,441 | 2,423 | 2,404 | 2,380 | 2,346 | 2,328 | |
| | Females | 2,623 | 2,628 | 2,611 | 2,597 | 2,583 | 2,562 | 2,549 | |
| 0-4 | P | 264 | 262 | 246 | 244 | 245 | 237 | 232 | |
| | M | 135 | 134 | 126 | 125 | 125 | 121 | 119 | |
| | F | 129 | 128 | 120 | 119 | 120 | 116 | 113 | |
| 5-9 | P | 294 | 278 | 262 | 246 | 245 | 246 | 244 | |
| | M | 151 | 142 | 133 | 125 | 125 | 125 | 124 | |
| | F | 143 | 136 | 129 | 121 | 120 | 121 | 120 | |
| 10-14 | P | 320 | 307 | 278 | 262 | 245 | 244 | 245 | |
| | M | 164 | 157 | 141 | 133 | 124 | 124 | 124 | |
| | F | 156 | 150 | 136 | 129 | 121 | 120 | 121 | |
| 15-19 | P | 324 | 327 | 309 | 280 | 264 | 248 | 246 | |
| | M | 166 | 167 | 157 | 142 | 133 | 125 | 124 | |
| | F | 158 | 160 | 152 | 138 | 131 | 123 | 122 | |
| 20-24 | P | 324 | 329 | 336 | 319 | 290 | 274 | 270 | |
| | M | 163 | 166 | 170 | 160 | 145 | 137 | 134 | |
| | F | 160 | 163 | 166 | 159 | 145 | 137 | 135 | |
| 25-29 | P | 290 | 302 | 314 | 321 | 304 | 275 | 263 | |
| | M | 143 | 151 | 157 | 161 | 152 | 137 | 130 | |
| | F | 147 | 151 | 157 | 160 | 152 | 138 | 133 | |
| 30-34 | P | 358 | 313 | 295 | 307 | 314 | 297 | 285 | |
| | M | 172 | 151 | 146 | 151 | 156 | 146 | 140 | |
| | F | 185 | 162 | 150 | 155 | 158 | 151 | 145 | |
| 35-39 | P | 400 | 382 | 309 | 292 | 303 | 311 | 307 | |
| | M | 193 | 183 | 147 | 142 | 148 | 152 | 150 | |
| | F | 208 | 198 | 162 | 150 | 155 | 158 | 157 | |
| 40-44 | P | 392 | 402 | 377 | 305 | 288 | 299 | 307 | |
| | M | 190 | 193 | 180 | 144 | 140 | 145 | 150 | |
| | F | 202 | 209 | 197 | 161 | 149 | 154 | 158 | |
| 45-49 | P | 353 | 375 | 396 | 371 | 300 | 284 | 294 | |
| | M | 173 | 182 | 189 | 176 | 141 | 137 | 142 | |
| | F | 180 | 193 | 206 | 195 | 159 | 147 | 152 | |
| 50-54 | P | 331 | 334 | 368 | 389 | 365 | 296 | 271 | |
| | M | 164 | 164 | 178 | 185 | 172 | 138 | 127 | |
| | F | 167 | 170 | 191 | 204 | 193 | 158 | 144 | |
| 55-59 | P | 323 | 342 | 325 | 359 | 380 | 357 | 334 | |
| | M | 159 | 168 | 158 | 172 | 179 | 168 | 156 | |
| | F | 164 | 174 | 167 | 188 | 201 | 190 | 178 | |
| 60-64 | P | 265 | 278 | 327 | 311 | 345 | 366 | 363 | |
| | M | 126 | 134 | 158 | 150 | 163 | 171 | 169 | |
| | F | 139 | 144 | 169 | 162 | 182 | 195 | 194 | |
| 65-69 | P | 242 | 244 | 260 | 307 | 293 | 326 | 338 | |
| | M | 112 | 114 | 123 | 146 | 139 | 152 | 157 | |
| | F | 130 | 130 | 137 | 161 | 154 | 174 | 181 | |
| 70-74 | P | 210 | 212 | 220 | 236 | 280 | 269 | 282 | |
| | M | 92 | 95 | 100 | 109 | 131 | 125 | 130 | |
| | F | 118 | 118 | 119 | 127 | 149 | 144 | 152 | |
| 75-79 | P | 165 | 168 | 178 | 188 | 204 | 244 | 232 | |
| | M | 67 | 70 | 76 | 83 | 91 | 110 | 105 | |
| | F | 98 | 99 | 102 | 106 | 113 | 134 | 127 | |
| 80-84 | P | 116 | 119 | 125 | 138 | 149 | 164 | 185 | |
| | M | 41 | 44 | 49 | 56 | 62 | 70 | 80 | |
| | F | 75 | 75 | 77 | 82 | 87 | 94 | 106 | |
| 85-89 | P | 55 | 62 | 73 | 80 | 92 | 103 | 107 | |
| | M | 16 | 19 | 25 | 29 | 35 | 40 | 42 | |
| | F | 39 | 43 | 48 | 51 | 57 | 63 | 65 | |
| 90 & over | P | 31 | 32 | 37 | 45 | 55 | 68 | 73 | |
| | M | 7 | 8 | 10 | 14 | 18 | 23 | 25 | |
| | F | 24 | 25 | 27 | 32 | 37 | 45 | 48 | |