

**Table 6.11: Intentional self-harm and events of undetermined intent <sup>1</sup>, Scotland, 1981 to 2011**

ICD Codes		Cause of death	1981	1986	1991	1996	2001	2006	2011
ICD9 list	ICD10 list								
<b>Intentional self harm</b>									
<b>Males</b>			<b>340</b>	<b>410</b>	<b>394</b>	<b>435</b>	<b>441</b>	<b>427</b>	<b>393</b>
E950-E952	X60-69	poisoning	141	155	187	170	101	98	58
E953	X70	hanging, strangulation and suffocation	99	131	120	179	256	249	270
E954	X71	drowning and submersion	33	31	28	12	21	14	12
E955	X72-75	firearms and explosives	23	27	18	10	8	9	5
E957	X80	jumping from a high place	16	26	19	20	27	21	25
E956, E958, E959	X76-79, X81-84, Y87.0	other and unspecified means	28	40	22	44	28	36	23
<b>Females</b>			<b>177</b>	<b>158</b>	<b>131</b>	<b>161</b>	<b>168</b>	<b>115</b>	<b>134</b>
E950-E952	X60-69	poisoning	96	80	72	94	95	48	44
E953	X70	hanging, strangulation and suffocation	20	17	21	30	39	36	63
E954	X71	drowning and submersion	34	30	14	15	11	11	8
E955	X72-75	firearms and explosives	-	4	1	1	-	-	1
E957	X80	jumping from a high place	14	21	13	7	11	6	11
E956, E958, E959	X76-79, X81-84, Y87.0	other and unspecified means	13	6	10	14	12	14	7
<b>Events of undetermined intent <sup>2</sup></b>									
<b>Males</b>			<b>132</b>	<b>133</b>	<b>129</b>	<b>185</b>	<b>205</b>	<b>165</b>	<b>246</b>
E980-E982	Y10-19	poisoning <sup>2</sup>	66	35	62	62	75	78	177
E983	Y20	hanging, strangulation and suffocation	1	2	2	1	-	-	6
E984	Y21	drowning and submersion	34	59	45	56	58	39	26
E985	Y22-25	firearms and explosives	1	6	1	4	1	1	2
E987	Y30	jumping from a high place	20	16	9	25	27	14	11
E986, E988, E989	Y26-29, Y31-34, Y87.2	other and unspecified means	10	15	10	37	44	33	24
<b>Females</b>			<b>79</b>	<b>64</b>	<b>52</b>	<b>64</b>	<b>73</b>	<b>58</b>	<b>116</b>
E980-E982	Y10-19	poisoning <sup>2</sup>	46	38	34	27	54	41	95
E983	Y20	hanging, strangulation and suffocation	3	-	1	1	-	1	-
E984	Y21	drowning and submersion	19	16	11	7	8	8	9
E985	Y22-25	firearms and explosives	-	1	-	-	-	-	1
E987	Y30	jumping from a high place	5	3	3	5	4	5	6
E986, E988, E989	Y26-29, Y31-34, Y87.2	other and unspecified means	6	6	3	24	7	3	5

**Footnotes**

1) During 2009, there was a change to the way in which National Records of Scotland (NRS) was told which deaths should be counted as suicides. This changed the balance between the number of deaths counted as being due to 'events of undetermined intent' and 'intentional self-harm' but appears to have had little effect on the overall total of the two categories taken together. Further information is available from the Probable Suicides section on the NRS website.

2) Following a World Health Organisation (WHO) update to the International Statistical Classification of Diseases and Related Health Problems, which National Records of Scotland (NRS) implemented for 2011, 'alcohol/drug abuse' deaths from 'acute intoxication' that would previously have been counted under 'mental and behavioural disorders' are now counted under 'poisoning' - so more deaths are counted under 'undetermined intent'.

Note: 'intentional self-harm' drug deaths were always counted as such, so those figures are unaffected. A note on the changes to the coding is available on the Certificates and Coding Causes section of the National Records of Scotland (NRS) website. Estimates of figures on the basis of the old coding rules are available on the Probable Suicides section of the NRS website.