

Table 6.11: Intentional self-harm and events of undetermined intent¹, Scotland, 1981 to 2016

ICD Codes		Cause of death	1981	1986	1991	1996	2001	2006	2011	2016
ICD9 list	ICD10 list									
Intentional self harm										
Males			340	410	394	435	441	427	393	439
E950-E952	X60-69	poisoning	141	155	187	170	101	98	58	56
E953	X70	hanging, strangulation and suffocation	99	131	120	179	256	249	270	294
E954	X71	drowning and submersion	33	31	28	12	21	14	12	17
E955	X72-75	firearms and explosives	23	27	18	10	8	9	5	2
E957	X80	jumping from a high place	16	26	19	20	27	21	25	28
E956, E958, E959	X76-79, X81-84, Y87.0	other and unspecified means	28	40	22	44	28	36	23	42
Females			177	158	131	161	168	115	134	164
E950-E952	X60-69	poisoning	96	80	72	94	95	48	44	63
E953	X70	hanging, strangulation and suffocation	20	17	21	30	39	36	63	64
E954	X71	drowning and submersion	34	30	14	15	11	11	8	13
E955	X72-75	firearms and explosives	-	4	1	1	-	-	1	-
E957	X80	jumping from a high place	14	21	13	7	11	6	11	14
E956, E958, E959	X76-79, X81-84, Y87.0	other and unspecified means	13	6	10	14	12	14	7	10
Events of undetermined intent ²										
Males			132	133	129	185	205	165	246	78
E980-E982	Y10-19	poisoning ²	66	35	62	62	75	78	177	50
E983	Y20	hanging, strangulation and suffocation	1	2	2	1	-	-	6	-
E984	Y21	drowning and submersion	34	59	45	56	58	39	26	6
E985	Y22-25	firearms and explosives	1	6	1	4	1	1	2	1
E987	Y30	jumping from a high place	20	16	9	25	27	14	11	10
E986, E988, E989	Y26-29, Y31-34, Y87.2	other and unspecified means	10	15	10	37	44	33	24	11
Females			79	64	52	64	73	58	116	47
E980-E982	Y10-19	poisoning ²	46	38	34	27	54	41	95	32
E983	Y20	hanging, strangulation and suffocation	3	-	1	1	-	1	-	-
E984	Y21	drowning and submersion	19	16	11	7	8	8	9	-
E985	Y22-25	firearms and explosives	-	1	-	-	-	-	1	-
E987	Y30	jumping from a high place	5	3	3	5	4	5	6	8
E986, E988, E989	Y26-29, Y31-34, Y87.2	other and unspecified means	6	6	3	24	7	3	5	7

Footnotes

1) During 2009, there was a change to the way in which National Records of Scotland (NRS) was told which deaths should be counted as suicides. This changed the balance between the number of deaths counted as being due to 'events of undetermined intent' and 'intentional self-harm' but appears to have had little effect on the overall total of the two categories taken together. Further information is available from the 'Probable Suicides' section on the NRS website.

2) Following a World Health Organisation update to the International Statistical Classification of Diseases and Related Health Problems, which NRS implemented for 2011, 'alcohol / drug abuse' deaths from 'acute intoxication' that would previously have been counted under 'mental & behavioural disorders' are now counted under 'poisoning' - so more deaths are counted under 'undetermined intent'. (**Note:** 'intentional self-harm' drug deaths were always counted as such, so those figures are unaffected.)

A note on the changes to the coding is available in the [Background Information](#) section of the NRS website.

Estimates of figures on the basis of the old coding rules are available in the [Suicides section](#) of the NRS website.